

ALL AROUND ROCHESTER



News and Events of Alcoholics Anonymous Groups in the Rochester Area Intergroup

VISIT US – 1000 Elmwood Avenue

In the Greenhouse, behind the AI Sigl Center
Mon – Fri: 9am to 7pm / Sat: 9am to 1pm / Closed Sunday

CONTACT US – 24 HR TEL. 585-232-6720

Email: office1@rochester-ny-aa.org
Website: www.rochester-ny-aa.org

GROUP/INTERGROUP EVENTS FOR THE MONTH

18th Anniversary A Novel Idea	Tues Nov 5 6:00 pm	<i>St. Boniface School 15 Whalin St</i>	Food & Fellowship at 6 pm Meeting at 7 pm
6th Anniversary Wednesday Women	Wed Nov 6 9:35 am	<i>Immanuel Baptist Church 815 Park Ave (at Brunswick)</i>	2 Speakers, Brunch, Childcare All Women Welcome!
30th Anniversary Heartbeat	Thurs Nov 21 5:30 pm	<i>St. John's Lutheran Church 800 East Ridge Rd, 14621</i>	Pizza & Refreshments at 5:30, Meeting at 6:30 pm, 2 Speakers (FLYER)
The Corrections Connection (RAI & AREA 47)	Fri Nov 22 8 am – 4 pm	<i>Willard Drug Treatment Campus Camp Edgemere Building 7116 County Route 132, Willard</i>	Join us for day of sharing between AA members and State Prison Staff. See FLYER in this mailing for more details &/or call Central Office at 585-232-6720 to RSVP
Heard It through the Grapevine Night of Service	Fri Nov 22 9:00 pm	<i>St. Paul's Episcopal Church 13 Vick Park B</i>	Food & Fellowship at 9 pm 2 Great Speakers at 10:05 pm! (FLYER)
45th Anniversary Renaissance West	Fri Nov 29 7:30 pm	<i>Genesee Baptist Church 149 Brooks Ave</i>	Guest Speakers with Chicken Dinner, cake & Fellowship to follow (FLYER)
Education & Participation "Traditions Series – Part 2" TRADITIONS 5-8	Mon Dec 2 7:00 pm	<i>AI Sigl Gym 1000 Elmwood Ave, 2nd Fl (Main Building, Door #11, across the parking lot from Central Office)</i>	See FLYER in this mailing ASL Interpreted Refreshments Provided
16th Anniversary Spiritual Awakening	Thurs Dec 5 6:30 pm	<i>Christ New Hope Ministry 155 Pinnacle Rd, Henrietta</i>	Food at 6:30 pm, Great Speaker at 7 pm Good Food & Amazing Fellowship! (FLYER)
3rd Anniversary The Repair Shop	Sat Dec 7 5:30 pm	<i>The Gay Alliance (across from Village Gate) 100 College Ave</i>	Speaker/Candlelight meeting. Join us for coffee, candy & candid conversation! (FLYER)
31st Anniversary Pass It On	Mon Dec 9 7:00 pm	<i>Lake Ave Baptist Church 70 Ambrose St</i>	Speaker at 7 pm, Pizza/Food after the meeting
30th Anniversary ABSI (As Bill Sees It)	Wed Dec 11 1:30-3:30 pm	<i>Waring Baptist Church 1921 Norton St (corner of Waring)</i>	Fellowship 1:30 pm, Speaker(s) 2:30 pm Dish to pass if you choose, Coffee, Soda, Water Provided
1st Annual Holiday Party Keep It Simple Sister (KISS)	Thurs Dec 12 10:30 am	<i>Greece United Methodist 1924 Maiden Lane</i>	10:30 am, with speaker meeting at 11 am All Women Welcome!

NEW MEETINGS:

OPEN HEARTS (Friday, 6:30 pm)- first meeting was 10/4/19

- Open-LGBTQ-1st=Speaker/Discussion, Remaining weeks: (2nd) 11 Step Meditation, (3rd) Literature, (4th) Discussion-Handicapped Accessible (**O g 1st=Sp/d 2nd=11M 3rd=LIT 4th=d Hc**)
- Meets at Positive Force Movement, Blossom Business Center, 595 Blossom Rd, Suite 318, Rochester, 14610

Rochester Area Intergroup, Inc.
1000 Elmwood Avenue, Rochester, NY 14620

November 2019

NEW MEETINGS (CONTINUED):**H.O.W. (Honest. Open. Willing) – (Saturday, 8:00 am)**

- **SEASONAL:** Meets from first Saturday in October until last Saturday in April
- Open-Discussion (**O d**)
- Meets at Unitarian Universalist Church, 3024 Cooley Road, Canandaigua

MEETING CHANGES/UPDATES:

- **Seasonal Format**
 - **The Lexington Group (Tuesday, 8:00 pm)**
 - Starting 12/3/19: The first 164 pages of the Big Book, all the way through.
 - See ***Flyer*** in this mailing for more details
 - Meets at Lake United Methodist, 4409 Lake Ave, 14612
- **Now OPEN meeting**
 - **Batavia Step by Step (Friday, 7:00 pm)**
 - Northgate Free Methodist Church, 350 Bank St, South Campus, Batavia

NO LONGER MEETING/TAKEN OFF OUR MEETING LIST:

- ✓ **TITUS AVENUE IRREGULARS (Wednesday, 8:00 pm, United Church of Christ, 644 Titus Ave, Irondequoit)**
 - ***Last meeting 10/9/19***
- ✓ **WITS END (Friday, 8:00 pm, New Life Presbyterian, 243 Rosedale at Monroe)**
 - ***Notified Central Office 10/13/19***
- **THANK YOU:** **Spiritual Solution:** In gratitude for Ask It Basket panel at 5th Anniversary
Pat K, Julia L, Lucien C, Nora P (\$63.25 collection)

**PLEASE READ THE FOLLOWING INFORMATION REGARDING OUR
MULTI-PURPOSE FACILITY PROJECT**

- In an effort to better serve you, the Rochester Area Intergroup, our A.A. Members and the RAI Board of Trustees will be organizing and conducting a long-term project to assess the possibility of moving our RAI Central Office to a multi-use facility after the current lease is up on August 31, 2022.
- This multi-purpose facility that we will explore is intended to serve the needs of the Rochester Area Intergroup and all members in a manner that is economical, efficient, easily accessible and centralized to the Rochester area.
- This project will begin with the establishment a Multi-Purpose Committee that will consist of volunteer members of Alcoholics Anonymous who have an interest in participating on this committee, RAI members and Board of Trustee members.
- The Multi-Purpose Committee will begin the study by conducting a needs assessment, property evaluation, and financial review. If a property is approved then the committee will develop a lease/acquisition process to acquire the facility and a plan to relocate our assets.
- The Board of Trustees feels that this project is not only a proactive step to take to ensure our future success in carrying the message, but also that it will provide an opportunity for all of us to get involved in decisions that could affect Rochester Area A.A. growth in years to come.
- Over the next couple of months you will be receiving more information on this project as we begin to move forward. Start thinking about your possible participation, and, if you have any questions please don't hesitate to ask any the members of the Board of Trustees.
 - ***Thank you for your service and we look forward to working with you on this exciting project!***

☉☉ CENTRAL OFFICE WILL BE CLOSED FOR THE THANKSGIVING HOLIDAY: Office will close at 7 pm on Wednesday, 11/27 and re-open at 9:00 am on Monday, December 2nd.

☉☉ **GIFT CARDS** FOR AA CENTRAL OFFICE-ROCHESTER AREA INTERGROUP ARE NOW AVAILABLE! You can purchase a gift card for your sponsor, sponsee, home group (so they can buy books, coins & pamphlets)... Stop by and see Mary for more details and to purchase!

☉☉ Reminder: as of 4/19/2019, the Office Administrator email is office1@rochester-ny-aa.org
 ** This replaces raacog@frontiernet.net - Please use this new address immediately! The old address will be forwarding to the new one for a while, but not forever, so please make sure to make the change. Thank you!

☉☉ Please check out the "Carrying the Message – TRADITION XI" Flyer in this month's mailing

✓ **November is GRATITUDE MONTH! Gratitude Boxes are available for pick up at Central Office. Please return boxes/contributions to Central Office by 12/20/19.**

See Flyer in mailing for more details.

Featured Committee of the Month for November 2019: *The PERSONNEL COMMITTEE*

This is a unique committee at the Rochester Area Intergroup that is often unknown to local members of AA.

- **Purpose of Committee:**

The Personnel Committee has the operating responsibility, authority and accountability for administering personnel policy in accordance with the policies described in the Rochester Area Intergroup Bylaws and the Intergroup Personnel Policies and Procedures. In short, the committee is responsible for overseeing the paid staff of the AA Central Office.

- **How it helps the alcoholic who still suffers:**

The Central Office acts as a clearing house for AA information for local groups, institutions, other concerned organizations and interested individuals. The paid office staff is responsible for ensuring the smooth functioning of the Central Office and the many different ways that the office helps make 12th Step work possible on a daily basis. The committee ensures that the office staff are meeting their responsibilities and growing in their roles as paid workers for AA.

- **How you can grow spiritually by getting involved:**

It is suggested that members of the Personnel Committee have experience managing employees. Growth from being a part of the committee comes from learning to implement the spiritual principles contained in our Steps, Traditions and Concepts into the managing of people.

- **How you can get involved (time of committee, jobs to do at the committee):**

This committee has one person that is appointed by the Chair of the Intergroup. The Vice-Chair of the Intergroup serves as a liaison between the Board of Trustees and the Personnel Committee and the previous Board Chair (last to rotate out of that position) is also a member. There are 2 elected members. It is suggested, due to the nature of the committee, that the elected and appointed members have business and management experience.

Contact the Central Office for more information or questions!


Rochester Area Intergroup, AA Central Office, 1000 Elmwood Avenue, Greenhouse, Rochester, NY 14620

Telephone: 585-232-6720 - Email: office1@rochester-ny-aa.org

INTERGROUP / COMMITTEE / GENERAL SERVICE MEETINGS (All meetings at Central Office unless stated otherwise)

COMMITTEE	Archives	Nov 6: 6:30 pm (1st Wed) Nov 13: 9:30 am (2nd Wed) <i>Working Meeting</i>	Rochester Medical Museum 1441 East Avenue, 2 nd Floor
GENERAL SERVICE	District 101's Monthly Meeting <i>All GSR's, DCM's & any AA members are welcome</i>	Nov 6: 7:00 pm (1st Wed)	St. Luke's Episcopal Church Vestry Basement Room 14 State St, Brockport 14420
INTERGROUP	Steering Board of Trustees	Nov 7: 6:00 pm (1st Thurs)	
GENERAL SERVICE	District 200's Monthly Meeting	Nov 7 7:00 pm (1st Thurs)	St. John's Episcopal 183 North Main Street CANANDAIGUA (14424)
GENERAL SERVICE	CNY Area Assembly For meeting location & directions: Check website: www.aacny.org	Nov 10: 1:00 pm (2nd Sun)	For meeting location & directions: Check website: www.aacny.org
COMMITTEE	Accessibility	Nov 12: 6:30 pm (2nd Tue)	
COMMITTEE	Website	Nov 13: 6:30 pm (2nd Wed)	
INTERGROUP	NEW IR Orientation	BEFORE IR MEETING Nov 14: 6:00 pm (2nd Thurs)	AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 nd Floor
INTERGROUP	Intergroup Representatives Meeting	Nov 14: 6:30 pm (2nd Thurs)	AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 nd Floor
COMMITTEE	Treatment (New Rep Orientation)	Nov 17: 12:45 pm (3rd Sun)	
COMMITTEE	Treatment	Nov 17: 1:30 pm (3rd Sun)	
COMMITTEE	Education & Participation	Nov 19: 6:00 pm (3rd Tues)	
GENERAL SERVICE	Rochester Districts (800's & 102, 105, 108, 109, 110) Meeting	Nov 20: 6:30 pm (3rd Wed)	All GSR's, DCM's & any AA members are welcome
COMMITTEE	Corrections	Nov 21: 6:30 pm (3rd Thurs)	
COMMITTEE	Nightwatch (After Hours Phones)	Nov 26: 7:30 pm (4th Tues)	
COMMITTEE	FCFC	Nov 27: 7:00 pm (4th Wed)	NO MEETING IN DECEMBER Next meeting will be Wed. Jan 8 at 7 pm
COMMITTEE	PI/CPC	NO MEETING IN NOVEMBER Usually meets 6:00 pm (4th Thurs)	Next meeting will be Thurs. Dec 26 at 6 pm

GROUP CONTRIBUTIONS 2019 through September 30th, 2019:

ACTUAL	BUDGET	+OVER/-(UNDER)	
\$47,218.49	\$49,500.00	- (\$2,281.51)	

**THANK YOU FOR YOUR GENEROUS SUPPORT OF
THE ROCHESTER AREA INTERGROUP & OUR CENTRAL OFFICE!**

NEWSLETTER ITEMS MUST BE SUBMITTED FOR FREE PUBLICATION BY

***** SATURDAY, NOVEMBER 16th *****

**TO SEND A FLYER: SUBMIT 275 Unfolded copies (20# paper) & \$20 for postage
to the Central Office by SATURDAY, NOVEMBER 16th**

**Flyers and AAR announcements must be received by the above date. We will not be able
to accept any flyers or information for inclusion in the monthly mailing after that date.**

THANK YOU!

Rochester Area Intergroup Inc.

September 2019		
Group Name	This Month	Yr to Date
11th (Eleventh) Step, Central Office	292.73	558.73
12 At 12	0.00	353.00
24 Hour	400.00	1,655.50
A Better Way	0.00	120.00
A Vision For You - Central Office	0.00	100.00
A Way of Life, 5th Chapter MC, Palmyra	0.00	100.00
Albion Monday & Thursday	0.00	100.00
Albion Sunday Grapevine	0.00	30.00
Anonymous Groups ***	111.53	129.79
Big Book Discussion - Sunday	0.00	659.45
Boomers	0.00	300.00
Brockport Grapevine	0.00	310.32
Brunch Bunch	57.00	932.51
Canandaigua Keep It Simple	180.00	180.00
Canandaigua Noon Time	0.00	80.00
Castile Sunday	0.00	120.00
Chili Monday	0.00	180.00
Chili Sunday	60.00	240.00
Churchville New Heights	0.00	349.04
Clifton Springs Sunday	0.00	100.00
Corn Hill	230.00	330.00
Courage to Change, Cobbs Hill Manor	0.00	150.00
Crossroads, Williamson	0.00	20.00
Culver Ridge	0.00	155.00
Dansville Thursday	0.00	25.00
Dansville Valley	0.00	10.00
Dawgone	0.00	300.00
Dewey-Avis	0.00	72.34
Early Birds	0.00	1,664.00
Early Risers, East Rochester	0.00	420.00
East Avon Way Out	0.00	100.00
Eastside Men's	0.00	453.00
Easy Does It Sunday	0.00	591.48
ER Sober Women (SE ORG -East Roc)	0.00	173.00
Everybody's Everyday	127.00	1,659.00
Everyday Living	300.00	1,410.00
Farmington Friends	20.00	165.00
FHA	0.00	743.50
Free To Be	4.00	78.00
Freethinkers	52.00	296.00
Fresh Air	320.91	1,304.24
Gates Rainbow	0.00	150.00
Gates Tuesday Open	0.00	200.00
Geneseo Saturday Night	0.00	30.00
Grace + Truth	0.00	298.78
Grassroots	0.00	175.00
Gray AA	0.00	65.00
Ham on Wry	0.00	364.00
Hamlin Monday Night	50.00	50.00
Hamlin Sunday Night	60.00	170.00
Heartbeat	0.00	147.49
HighNooners	0.00	1,733.98
Hilton Easy Does It	100.00	395.00
Hilton Friday Night	100.00	260.00
Hilton Thursday	0.00	241.00

1000 Elmwood Ave. Greenhouse Rochester NY 14620		Phone 232-6720	Facsimile 454-3949
Group Name	This Month	Yr to Date	
Hilton Tuesday	0.00	300.00	
Holley Friday	46.00	126.00	
Honeoye Lakers	0.00	50.00	
Honeoye New Life	0.00	30.00	
HOW	0.00	50.00	
Into the Light	0.00	1,002.67	
Irondequoit Serenity	0.00	160.04	
It Works	50.00	50.00	
Keep It Simple Sister (KISS)	125.00	205.00	
Kendall Sunday Evening BB	0.00	70.00	
KISSs (Brockport)	0.00	40.00	
Ladies Night Out	62.74	114.74	
Last House on the Block	0.00	75.00	
Lehigh Station	100.00	400.00	
Lighthouse	42.00	198.62	
Lima Morning Serenity	0.00	180.00	
Live It	0.00	80.69	
Love & Service Group	274.00	1,105.24	
Lunch Bunch - ALBION	0.00	80.00	
Medina New Life	0.00	10.00	
Men at Work	8.00	166.00	
Mount Morris Saturday	0.00	25.00	
Mt Rise Discussion	75.00	235.00	
Mustard Seed	162.00	444.74	
Naples Togetherness	85.00	145.00	
Never Alone	0.00	40.00	
New Door	247.10	2,112.10	
New Growth	0.00	20.00	
New Life, Fairport	50.00	200.00	
New Men's	0.00	50.00	
Nightingales	136.00	1,837.00	
North Gate	0.00	48.50	
North Greece	67.60	279.33	
Northeast Freedom	0.00	40.00	
Northside	0.00	50.00	
Not A Glum Lot	0.00	173.00	
One-Liners	24.00	675.00	
Ontario County Young People of AA	0.00	112.75	
Ontario Group	0.00	30.00	
Palmyra Sunday	140.00	140.00	
Park Avenue Morning	0.00	42.00	
Penfield Friday	0.00	286.00	
Penfield Steps & Traditions	16.00	106.00	
Phelps Saturday night	0.00	50.00	
Phoenix	50.00	200.00	
Pickle Jar	0.00	53.00	
Pittsford Tuesday	0.00	70.00	
Poker Chip	250.00	642.26	
Primary Purpose	141.92	732.72	

CONTINUED ON OTHER SIDE

If you have any questions regarding this report, or if you believe there is an error, please contact the Central Office immediately so the problem can be fixed. Thank You!

NOVEMBER

is

GRATITUDE MONTH



Together We Can!!

The *Rochester Area Intergroup*, in cooperation with the *Central Office*, will have **Gratitude Boxes** available to display at your meeting in the *month of November*.

The purpose is to:

- ✓ Help keep the *Intergroup Budget* balanced and
- ✓ Provide an opportunity for all A.A.s to think of new and expanding ways to express and share their gratitude

Any Group is welcome to participate

- *Put the Box out* during your daily/weekly meeting
- *Make an announcement* where the Box is located and its purpose.

Individual Members are also welcome to participate

- Send in your tax-deductible contribution by noting "gratitude month" in the notation. (Please make checks payable to: *Rochester Area Intergroup*.)

Return the Gratitude Box to the Central Office by

December 20th, 2019.

- Contributions will be calculated and a separate donation sheet will be created listing each group's collection.

***Pick up Gratitude Boxes
at Central Office starting October 14th!!***

THANK YOU!

*The Rochester Area Intergroup, AA Central Office
1000 Elmwood Avenue, Greenhouse, Rochester, NY 14620*

Telephone: (585)232-6720

Email: office1@rochester-ny-aa.org



In A.A., November is Gratitude Month

For many decades now, we in the Fellowship have formally carved out from the calendar the month of November as a time to express our collective gratitude for our individual sobriety. Interestingly, no one is exactly sure why that month was originally chosen, though its connection with Thanksgiving seems obvious. A.A. co-founder, Bill W., thought for a while that his sobriety had begun in November, but later calculations established the date of his new beginnings as December 11.

Misty origins notwithstanding, Gratitude Month has, since the 1940s, been November and our shared thankfulness over the years has taken many forms and will continue to do so as our membership widens.

The General Service Board began giving small gratitude dinners in the 1940s. These were precursors to the much larger Gratitude Luncheons that were orchestrated during the 1960s as a Public Information effort of G.S.O.

A.A. Traditions were the undeniable anchor of our new sober life, Bill W. thought when he wrote, "What then could be more appropriate than to set aside Thanksgiving week for discussion of the practical and spiritual values to be discovered in our Traditions?" The Traditions, he wrote in November 1949, "are a distillate of our experience of living and working together. They apply the spirit of the Twelve recovery Steps to our group life and security." (*The Language of the Heart*, p. 96)

The first sealed and approved, *official* recognition of an A.A. "Gratitude Week," to be specifically designated to coincide with Thanksgiving week, dates back to 1956. That year, at the Sixth General Service Conference, delegates approved a motion to that effect, stipulating that "this action be noted in the annual pre-Thanksgiving appeals to the groups for funds to help support A.A.'s worldwide services."

Carrying the message, expressing gratitude, as well as wanting to make a gesture of appreciation for the numerous published articles, books, and radio and TV interviews relating to A.A. that year, were what motivated a number of Gratitude Luncheons. These were held, always in November, during the 1960s at New York City's Roosevelt Hotel—where, incidentally, members of the media who might care to have a drink, were assured, in the invitation by General Service Board chairman (nonalcoholic) Dr. John L. Norris, that "cocktails will be served at 12:15 in the Library, and the luncheon will end promptly at 2:00 p.m."

Well-attended functions, these luncheons drew a sizeable, wide-ranging representation from the media, and served a double purpose: to thank the writers and commentators who attended for their contributions to A.A. in the preceding year

and to, in the words of a G.S.O. memo written at the time, "advance A.A.'s public relations by bringing editors, publishers, writers and broadcasters in personal contact with sources of reliable information on the movement." A typical list of invitees to the 1965 luncheon, who had published articles and books on the Fellowship were from *The New York Times*, *Medical World News*, *McCall's Magazine*, Macmillan Publishing Company, *The Christian Science Monitor*, and many other news and publishing organizations.

Bill W. always addressed the gatherings, as did Dr. Norris, and, in addition to a question and answer period at the end of the proceedings, there was always plenty of A.A. literature available for the guests to take along. In 1965, Bill sent an autographed copy of the newly-released *A.A. Comes of Age* to each guest. Although those who came to the luncheons found them helpful and informative, the board thought they were too expensive a way to say thank you, when a letter from Bill, after an article or TV production was completed, would have been enough. Others voiced the opinion that more cooperation offered on articles or radio and TV spots might have been more helpful. In any event, the luncheons were discontinued in 1968.

Gratitude. We all know it serves us best when it's kept alive, in our individual lives and in our group conscience. Realizing this, countless A.A. groups over the years have used the month of November (for Canadian groups, it's October), to open the door of gratitude even wider. It's a sure way of insuring a continued healthy sobriety, group unity, and to avoid complacency and stagnation. Many groups observe Gratitude Month by holding Traditions meetings and taking up special contributions to the General Service Office for A.A. services worldwide.

This is an opportunity for all A.A.s to think of new and expanding ways to express and share their gratitude. For example, groups could hold topic meetings during the month on the power and different faces of gratitude: "How Grateful Are We?"; "Gratitude is not Passive"; "Giving it Away."

How about trying something new, something your group has never done before, which will make the members' gratitude more tangible and real?

Traditions meetings, of course, always bring home to us all over again the richness of our A.A. heritage, strengthening not only our gratitude but the sobriety of A.A.s, old and new.

In deepening our appreciation of A.A.'s Traditions during Thanksgiving week, Bill wrote, "We could thus reinforce our faith in the future by these prudent works; we could show that we deserve to go on receiving that priceless gift of oneness which God in his wisdom has so freely given to us of Alcoholics Anonymous in the precious years of our infancy." (*ibid.*)

So how about it? Let's give Gratitude a real send-off this year!

Reprinted from Box 4-5-9, Oct./Nov. 1994.

Carrying The Message

Tradition XI – “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

Historical Context (Lessons Learned)

Painful experience by our founders found that we had to rely on the principle of attraction rather than promotion to survive. In every case, promotion by members or groups was upended by irresponsible actions strongly supported by the individual’s character defects of pride, desire for prestige and quest for recognition.

As AA grew, the founders discovered that restraint paid off in more favorable publicity for AA than could possibly have been obtained through the acts and abilities of the best promoters. Leaving the public promotion to friends of AA such as newsmen and taking members out of the public eye created a pathway for others to hear the good works going on by AA and provided a sense of attraction.

Intent of the Tradition

AA’s principals and its work can be publicized but not our individual members. Personal Anonymity is the greatest protection to AA as a whole.

This tradition is a constant reminder that personal ambition has no place in AA, but also implies that each member ought to become an active guardian of our fellowship in its relation to the general public.

If you have any comments or would like to provide your reflections on Tradition XI, please send to Central Office at office1@rochester-ny-aa.org

November 2019

RAI Board of Trustees

Tradition XI:

When this tradition was written, it covered the only methods of open forum at the time. With the advent of social media and the internet, how do you feel about the use of these platforms for individual posts of A.A. literature, coins and personal testimony? Are these communication platforms “on the public level”? Is this method in the spirit of anonymity? Is this in keeping with personal humility and responsibility to preserve anonymity? Can you share your personal success on these platforms and not affect anonymity?

Trustee Reflections

In my early recovery I started to feel so good I wanted to shout out to the world what A.A. meant to me. I wanted everyone to share in the great news and because I was involved in so many outside activities, I knew I could get the word out. It is a good thing I had the sense to bounce things off my sponsor. He explained to me the importance of this tradition and to check my motives for doing this and what I thought my responsibility to A.A.’s anonymity was. It didn’t take long for me to realize that most of my actions would be for personal accolades that fed into my defects of pride and a desire for recognition. I also realized the danger I presented to A.A. if I put myself on the public level and had a relapse. I could hear it now “so much for A.A., it didn’t keep him sober”. Today I continue to check my motives and carry the A.A. message in a way to preserve the anonymity of the program I love so much. - Craig S.

Promotion allows outsiders to change the message, so much so that insiders now hear a different message. The purpose of 12-step groups is for one member to help another and to be responsible for being the attraction to the program. A member does not cede this responsibility to a spokesperson or promotion campaign. By changing our appearance, how we communicate, dress, and conduct ourselves in and out of the rooms of AA is part of carrying the message also, to let people see the difference that this design for a living we were given has worked in our life. When people see the four changes in our life—mental, emotional, physical, and spiritual—they are attracted. They need no promotion. Anonymity is what makes people feel safe to speak what is in their hearts and on their minds. The fact that it’s based on attraction to me means people can see the outward change of you due to an inward change in you. -Zack L.

*Rochester Area Intergroup Corrections Committee along with
Area 47 Presents...*

THE CORRECTIONS CONNECTION



Willard, NY

*Join us for a day of sharing between
AA members and State prison staff*

*Featuring: AA speakers and State prison staff speakers,
sharing about the role of AA in prison*

- *No clearance required, event is held outside of jail*
- *Lunch will be provided*
- *MUST RSVP to Paul W. : please leave a message for him at*

Central Office: 585-232-6720 or office1@rochester-ny-aa.org

WHEN: November 22, 2019 8:00am-4:00pm

WHERE: Willard Drug Treatment Campus
Camp Edgemere Building
7116 County Route 132, Willard, NY 14588

*Contact info: Rochester Area Intergroup
AA Central Office: (585) 232-6720 or office1@rochester-ny-aa.org*

and...
5, 6, 7, 8

A Night to Appreciate Traditions 5-8!

Join us to learn more about the traditions that keep
our groups & A.A. strong!

Monday, December 2

7:00 PM

Al Sigl Center Gym, 1000 Elmwood Ave.

*(Main Building of Al Sigl: Same parking lot as AA Central Office, Door
#11, Left out of elevator on 2nd Floor)*

Refreshments provided

ASL interpreted



The Heartbeat Group of Alcoholics Anonymous

30th Anniversary Meeting



“ Without unity, the heart of A.A. would cease to beat...”

Please join us for this fun and special occasion!

When: Thursday, November 21st
Pizza and refreshments at 5:30, meeting at 6:30

Where: St. Johns Lutheran Church
800 East Ridge Rd. 14621

Who: 2 speakers will share their experience, strength and hope!

Why: To celebrate 30 years of carrying the message!

You: Are welcome to bring a dish to pass!



heard it thru
the Grapesvine

presents:

Night of Service

Friday November 22nd

~ Featuring two great Speakers! ~

Food and Fellowship Start at 9pm

Speakers begin at 10:05pm

* If anyone is in need of an interpreter within the deaf and hard of hearing community, we are happy to help you out! Please contact the accessibility committee at: accessibility_committee@rochester-ny-aa.org

so arrangements for this event can be made *



Renaissance West Group

of

Alcoholics Anonymous

*We cordially invite you to join with us in fellowship to
celebrate our*

45th Anniversary



Friday November 29, 2019

149 Brooks Ave (Genesee Baptist Church) 7:30 pm

Guest speakers

Chicken dinner, cake, and fellowship to follow

The Big Book

First 164 Pages

The Lexington Group
Tuesday Night - 8:00pm

Lake United Methodist Church
4409 Lake Ave.
Rochester, NY 14612

Lake Ave in Charlotte, just north of the Lake Ontario State Parkway

Reading from:

- The first 164 Pages of the Big Book, all the way through, starting December 3rd, 2018.
and then
- The Twelve and Twelve – Steps and Traditions
- Stories from the Big Book of Alcoholics Anonymous

The format is we read a paragraph or two and then discuss the content read. We continue that for the hour of the meeting.

Come out and support a meeting that's been around since 1972 as we continue to carry the message

Hope instead of desperation

The love and understanding of our families instead of their doubts & fears

Courage instead of fear

Self-confidence instead of helplessness

A clean pattern of life instead of the bondage of alcoholic obsession

Peace of mind instead of confusion

Come and Celebrate the 3rd anniversary of
The Repair Shop. Saturday, December 7th
@ 5:30. 100 College Ave. (the out alliance)
Speaker / candlelight meeting.

Join us for coffee, candy, and candid conversation

Real friendships instead of loneliness

The respect of others instead of their pity and contempt

Self-respect instead of self-contempt

Freedom of a happy life instead of a purposeless existence

A clean conscience instead of a sense of guilt

Faith instead of despair

* Ann C. wrote the rewards to show the contrast that can take place
in any of our lives if we will try to follow the A.A. principles

SPIRITUAL AWAKENING GROUP

*It's Our **16** Year Anniversary*

Come Celebrate

At

In Christ New Hope Ministry

155 Pinnacle Rd,

Henrietta, NY 14623

THURSDAY

DECEMBER 5, 2019

FOOD AT 6:30 PM

GREAT SPEAKER @ 7pm

GOOD FOOD & AMAZING FELLOWSHIP!

50/50 RAFFLE!