

# ALL AROUND ROCHESTER



## News and Events of Alcoholics Anonymous Groups in the Rochester Area Intergroup

**VISIT US – 1000 Elmwood Avenue**  
In the Greenhouse, behind the AI Sigi Center  
Mon – Fri: 9am to 7pm / Sat: 9am to 1pm / Closed Sunday

**CONTACT US – 24 HR TEL. 585-232-6720**  
Email: [office1@rochester-ny-aa.org](mailto:office1@rochester-ny-aa.org)  
Website: [www.rochester-ny-aa.org](http://www.rochester-ny-aa.org)

### GROUP/INTERGROUP EVENTS FOR THE MONTH

<b>Flower City Fellowship Convention Fundraiser "Serenity: Then &amp; Now Pasta Dinner"</b>	<b>Sat Feb 22 5-8 pm</b>	<i>Perinton Presbyterian Church 6511 Pittsford Palmyra Rd Fairport</i>	Pasta Dinner, 2 Speakers : Oldtimer & YPAA (Young Person in AA) \$10 / person
<b>Genesee/Wyoming Intergroup Winterfest Chili Cook-Off</b>	<b>Sat Feb 29 12-4 pm</b>	<i>Genesee County Park 11095 Bethany Center Rd East Bethany, NY 14054 Pavilion on Sledding Hill</i>	AA Speaker at 1 pm Bring your favorite Chili Dish to pass Bread, Coffee & Hot Chocolate will be provided <b>ALL ARE WELCOME!</b>
<b>33<sup>rd</sup> Anniversary Keep It Simple</b>	<b>Sat Feb 29 9:00 am</b>	<i>St. John's Episcopal Church 183 North Main St., Canandaigua</i>	Please park on Main or Howell Streets Food at 9 am – please bring a dish to pass if you are able Gratitude Meeting at 10 am
<b>28<sup>th</sup> Anniversary Into the Light</b>	<b>Sun Mar 8 6:30 pm</b>	<i>Ascension Church 1360 Lake Ave at Riverside St</i>	Food & Fellowship at 6:30 pm Speaker at 7:30 pm
<b>39<sup>th</sup> Annual Flower City Fellowship Convention: "Serenity 2020"</b>	<b>Fri-Sun Mar 13-15</b>	<i>Hyatt Regency 125 East Main Street Registration opens <b>Friday, 3/13 at 1:00 pm</b></i>	<b>REMINDER: LAST DAY TO REGISTER WITH "EARLY REGISTRATION DISCOUNT" IS MONDAY FEBRUARY 24<sup>th</sup> REGISTER by mail, at Central Office or ONLINE AT <a href="http://www.rochester-ny-aa.org">www.rochester-ny-aa.org</a></b>
<b>Complete Freedom After the Convention – St. Patrick's Day Dance</b>	<b>Fri Mar 20 7:30 pm</b>	<i>Bill &amp; Bob's 289 Monroe Ave</i>	Food & Refreshments available Game Room will be open Music provided by DJ Adam.
<b>34<sup>th</sup> Anniversary Irondequoit Serenity</b>	<b>Sat Mar 21 10 – 11:30 am</b>	<i>Transfiguration Lutheran Church 3760 Culver Rd at Avalon</i>	Coffee & Beverages provided. Bring Finger Food to pass if you choose
<b>29<sup>th</sup> Anniversary Brockport Grapevine Chili Fest</b>	<b>Mon Mar 30 6:00 pm</b>	<i>Brockport United Methodist 92 Main Street</i>	Chili Fest, dish to pass 6 pm Food, 7:30 pm Speaker
<b>34<sup>th</sup> Anniversary North East Freedom</b>	<b>Mon Apr 6 6:30 pm</b>	<i>St. Stanislaus Church 919 Norton St</i>	Food at 6:30 pm, Speaker at 7:30 pm Interpreted for the Deaf/HoH ( <b>FLYER</b> )

### NO LONGER MEETING/TAKEN OFF OUR MEETING LIST

- **BASIC (Wednesday, 7:30 pm, Church of the Ascension, 1360 Lake Ave):**
  - Last meeting **WILL BE** 3/25/20
- **SPECTRUM STEPPERS (Sunday, 5:30 pm, AA Central Office, 1000 Elmwood Ave, Greenhouse):**
  - Last meeting **WILL BE** 2/23/20

**NEW MEETINGS/ADDED TO OUR LIST**

- **Grace Land (Wednesday, 7:00 pm):**
  - ***O d Hc – OPEN-DISCUSSION-HANDICAPPED ACCESSIBLE***
  - Meets at St. John's Lutheran Church, 800 East Ridge Road, Irondequoit
  - First meeting was 2/5/20
- **Sunday Reprieve (Sunday, 12:30 pm):**
  - ***O d – OPEN-DISCUSSION***
  - Meets at FLACRA - Connections – Rounded Recovery, 64 West Avenue, Canandaigua
  - First meeting was 9/8/2019

**MEETING CHANGES/UPDATES:**

- **Format Change**
  - **Heard It Through the Grapevine (Friday, 10:05 pm, St. Paul's Episcopal, 13 Vick Park B):**
    - ***O 1st=BB 2nd=ST 3rd=Sp 4th=Gr 5th=LIT***
    - Open, 1st = Big Book, 2nd= 12 & 12, 3rd= Speaker, 4th=Grapevine, 5th=Selected Literature
  - **Day by Day (Tuesday, 7:30 pm, St. Cecilia's, 2732 Culver Rd):**
    - ***NO longer has Childcare available (Cc)***
    - ***Meeting is now Open-Speaker-Discussion-Al-Anon meeting at the same time (O Sp/d \*)***
  - **Webster Wednesday (Wednesday, 8:00 pm, Church of the Good Shepherd, 1130 Webster Rd):**
    - ***Last Wednesday of the month = 12 Traditions and Literature (Lst=T LIT)***
- **Name Change**
  - **Spiritual Warriors (Sunday, 9:00 am) \*\*formally Spiritual Gangsters\*\***
    - OPEN-SPEAKER-HANDICAPPED ACCESSIBLE (**O Sp Hc**)
    - Meets at Out Alliance, 100 College Ave, Suite 100 (across from Village Gate)
- **Location Change/Clarification**
  - **Primary Purpose (Wednesday, 8:30 pm - O d CF Hc):**
    - Meets at the **BLESSED SACRAMENT SCHOOL, 259 Rutgers St (Monroe Ave between Rutgers and Oxford)**
  - **The Women's Homegroup (Tuesday, 6:00 pm – C W BB Lst=Sp):**
    - Meets at the **Asbury Church Campus, in the Gate House, 1010 East Ave**
  - **The Student Group (Sunday, 11:00 am – O Sp/d Hc):**
    - Meets at the RIT Campus Center, **2610** – second floor of the Campus Center

👁👁 The Finger Lakes AA Community has started a new Intergroup! The Finger Lakes Intergroup meets at 2:30 pm on the 3<sup>rd</sup> Saturday of the month at St. John's Episcopal Church, 32 East Main Street, Clifton Springs, 14432.

**FAITHFUL FIVERS!! (through 2/19/20):**

MEMBERS: 26

CONTRIBUTIONS: \$995.00

THANK YOU!!

***Many thanks to Abby R. for all her hard work & dedication as one of our Administrative Assistants! Sadly for us, Abby is moving on to other pursuits and we wish her tons of success!!***

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👁👁 **PLEASE CHECK OUT THE FLYER IN THIS MAILING REGARDING THE OPEN ADMINISTRATIVE ASSISTANT POSITION**

**All cover letters and resumes should be sent to Central Office by March 13<sup>th</sup>, 2020. Please email or call if you have any questions regarding this employment opportunity:**

[office1@rochester-ny-aa.org](mailto:office1@rochester-ny-aa.org)

(585) 232-6720

## **CARRYING THE MESSAGE –March 2020**

### ***STEP 3 - “Made a decision to turn our will and our lives over to the care of God as we understood Him.”***

It is when we try to make our will conform with God’s that we begin to use it rightly. To all of us, this was a most wonderful revelation. Our whole trouble had been the misuse of willpower. We had tried to bombard our problems with it instead of attempting to bring it into agreement with God’s intention for us. To make this increasingly possible is the purpose of A.A.’s Twelve Steps and Step Three opens the door. (Twelve and Twelve, page 40)

***“It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirements for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.” “Honesty with ourselves & others gets us sober, but it is tolerance that keeps us that way.”***

#### **Trustee Reflections**

*It is the third step that I most often refer to in the Big Book from pages 60 to 63. It helps me to see where I have been trying to run the show and playing God, and it most importantly prepares me for the inventory that follows. It also reminds me that only God can help me to get rid of “self”. Besides, it is the first of the italicized steps, and it is the only one that’s mentioned twice in the Big Book. Having realized that, it must be a pretty important step! -Cindy S.*

*A newcomer brought this up in a meeting this past week, the women in the meeting shared about doing the next right thing. About making your bed, then taking a shower, etc. The point was when we come into AA we have no idea what God’s will for us is, so we have to break it down moment by moment. Today I can still be very confused, so I find that talking to my sponsor and my trusted circle of friends helps me see the truth or God’s will in each situation. I also know that when things seem to flow easily. It is usually a sign that I am doing God’s will. -Jessica N.*

*I remember when I first came into the program, I had a distorted sense of a higher power. All my life the only time I turned to a higher power was when I was in trouble. It usually went like this: “Please God get me out of this and I promise I will...” And, every time I got out of something it was either, I did it myself or I got lucky. When I was asked to turn my will and life over to the care of God I told my sponsor I couldn’t because I just didn’t have enough trust in the relationship I currently had with my Higher Power at that time. My sponsor, with the patience of a saint, said to me “Craig, for the first time in your life, are you willing to try things someone else’s way rather than your own?” I responded ‘it can’t be that simple.’ He said “Craig, just the willingness to try it someone else’s way and continue through the 12 Steps is enough to get started.” That day the key of “willingness” helped me to continue my journey of recovery. Over the years my concept of Higher Power and turning my life over has changed considerably. Today I can honestly say I have a relationship with a God of my understanding that has been built on faith, love and trust. -Craig S.*


**Once we have come into agreement with these ideas, it is really easy to begin the Practice of Step Three. In all times of emotional disturbance or indecision, ask for quiet, and in the stillness simply say: “God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference. Thy will, not mine, be done.” (Twelve and Twelve, Page 41)**

If you have any comments or would like to provide your reflections on Step 3, please send to Central Office at [office1@rochester-ny-aa.org](mailto:office1@rochester-ny-aa.org)

**INTERGROUP / COMMITTEE / GENERAL SERVICE MEETINGS** (All meetings at Central Office unless stated otherwise)

YPAA	ROCYPAA (Rochester Young People in AA)	Mar 2 & Mar 16: 7:30 pm (1st & 3rd Mon)	The Coffee Connection at The Greenhouse Café 2271 East Main St
AD-HOC COMMITTEE	Fall Event 2020	Mar 3: 6:00 pm (1st Tues)	Meets at AA Central Office
GENERAL SERVICE	District 101's Monthly Meeting All GSR's, DCM's & any AA members are welcome	Mar 4: 7:00 pm (1st Wed)	St. Luke's Episcopal Church Vestry Basement Room 14 State St, Brockport 14420
COMMITTEE	Archives	Mar 4: 6:30 pm (1st Wed) Mar 11: 9:30 am (2nd Wed) Working Meeting	Rochester Medical Museum 1441 East Avenue, 2 <sup>nd</sup> Floor
INTERGROUP	Steering Board of Trustees	Mar 5: 6:00 pm (1st Thurs)	
GENERAL SERVICE	District 200's Monthly Meeting	Mar 5: 7:00 pm (1st Thurs)	St. John's Episcopal 183 North Main Street CANANDAIGUA (14424)
GENERAL SERVICE	CNY Area Assembly For meeting location & directions: Check website: <a href="http://www.aacny.org">www.aacny.org</a>	Mar 8: 1:00 pm (2nd Sun)	For meeting location & directions: Check website: <a href="http://www.aacny.org">www.aacny.org</a>
COMMITTEE	Accessibility	Mar 10: 6:30 pm (2nd Tue)	
COMMITTEE	Website	Mar 11: 6:30 pm (2nd Wed)	
INTERGROUP	NEW IR Orientation	BEFORE IR MEETING Mar 12: 6:00 pm (2nd Thurs)	AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 <sup>nd</sup> Floor
INTERGROUP	Intergroup Representatives Meeting	Mar 12: 6:30 pm (2nd Thurs)	AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 <sup>nd</sup> Floor
COMMITTEE	Education & Participation	Mar 17: 6:00 pm (3rd Tues)	
GENERAL SERVICE	Rochester Districts (800's & 102, 105, 108, 109, 110) Meeting	Mar 18: 6:30 pm (3rd Wed)	All GSR's, DCM's & any AA members are welcome
COMMITTEE	Corrections	Mar 19: 6:30 pm (3rd Thurs)	
COMMITTEE	Treatment (New Rep Orientation)	Mar 22: 12:45 pm (usually 3rd Sun)	RESCHEDULED FOR 3/22 -due to FCFC
COMMITTEE	Treatment	Mar 22: 1:30 pm (usually 3rd Sun)	RESCHEDULED FOR 3/22 -due to FCFC
COMMITTEE	Nightwatch (After Hours Phones)	Mar 24: 7:30 pm (4th Tues)	
COMMITTEE	FCFC	Mar 4: 7:00 pm Apr 1: 7:00 pm (usually 4th Wed)	**Note meeting dates (not usual 4 <sup>th</sup> Wed of the month)
COMMITTEE	PI/CPC	Mar 26: 6:00 pm (4th Thurs)	
AD-HOC COMMITTEE	Multi-purpose Facility	Feb 27 & Mar 26: 5:30 pm (Last Thurs)	Sibley Square, 260 East Main St, 2 <sup>nd</sup> Floor, left off elevator

**GROUP CONTRIBUTIONS 2020 through January 31<sup>st</sup>, 2020:**

ACTUAL	BUDGET	+OVER/-(UNDER)	
\$6,780.34	\$5,500.00	+ \$1,280.34	

**THANK YOU FOR YOUR GENEROUS SUPPORT OF  
THE ROCHESTER AREA INTERGROUP & OUR CENTRAL OFFICE!**

**NEWSLETTER ITEMS MUST BE SUBMITTED FOR FREE PUBLICATION BY**

**\*\*\* SATURDAY, MARCH 21<sup>st</sup> \*\*\***

**TO SEND A FLYER: SUBMIT 275 Unfolded copies (20# paper) & \$20 for postage  
to the Central Office by SATURDAY, MARCH 21<sup>st</sup>**

**Flyers and AAR announcements must be received by the above date. We will not be able  
to accept any flyers or information for inclusion in the monthly mailing after that date.**

**THANK YOU!**



Please announce this at your meetings and  
add to the announcements that are passed around at your meeting – Thank you!

## **Employment Opportunity**

**2/15/2020**

The Rochester Area Intergroup Inc. "Central Office" is looking to hire an

# **Administrative Assistant (Part-Time)**

### **Basic Information**

- 10 hours per week
- \$ 11.80 per hour

### **Key Responsibilities**

- Administrative support to the Office Administrator, Board of Trustees & Standing Committees
- Administrative functions pertaining to small office management
- Assist in maintenance of literature and coin inventory, office databases
- Answer inquiries from members and general public
- Assist in managing, scheduling and training of volunteer staff

### **We're looking for people with**

- Strong Microsoft Office skills (required)
- QuickBooks Software skills
- Strong computer skills
- Strong organizational skills
- Strong interpersonal skills

**If you are interested in this position, please send a cover letter and resume  
by email or mail to:**

**Rochester Area Intergroup, Inc.  
1000 Elmwood Avenue, Greenhouse  
Rochester, NY 14620  
Tel. 585-232-6720**

**Email: [office1@rochester-ny-aa.org](mailto:office1@rochester-ny-aa.org)**

**All cover letters and resumes must be received no later than  
Friday, March 13, 2020**

**For an electronic copy of this posting, please contact  
The Rochester Area Intergroup Central Office:  
Tel. 585-232-6720    Email: [office1@rochester-ny-aa.org](mailto:office1@rochester-ny-aa.org)**

# Spiritual Warriors

Recovery & Wellness Meetings



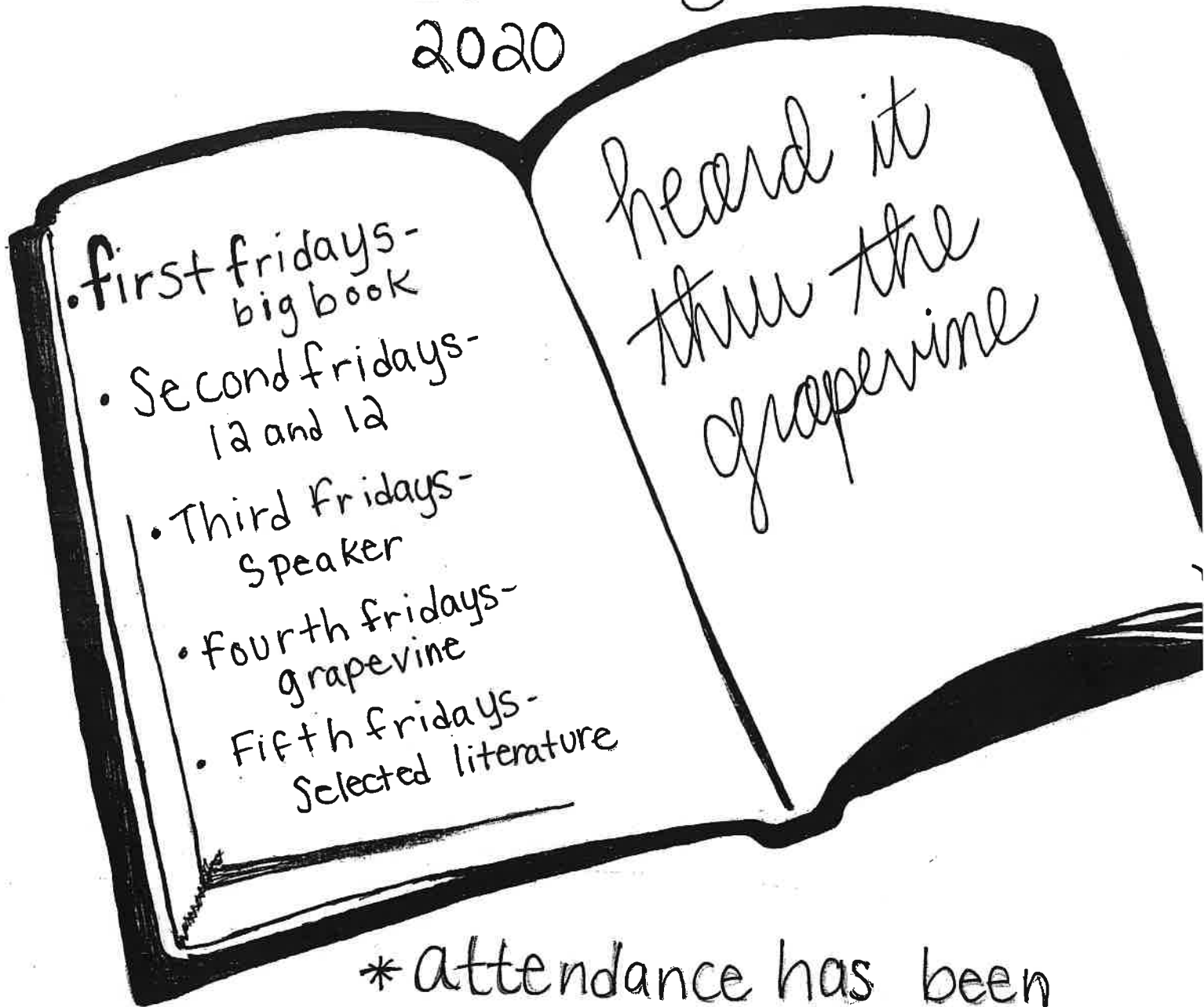
**Sundays @ 9:00am**

**Open Meeting. Speaker Meeting. All are welcome.**

**Out Alliance 100 College Ave, Ste 100 Rochester, NY 14607**

# Meeting format Change:

Starting March  
2020



- first Fridays - big book
- Second Fridays - 1a and 1a
- Third Fridays - Speaker
- Fourth Fridays - grapevine
- Fifth Fridays - Selected literature

heard it  
thru the  
grapevine

\* attendance has been low - See the latest AA Meeting on Fridays in Rochester! \*



*North East Freedom  
34 Year Anniversary!!*

Where: St. Stanislaus Church  
919 Norton Street

When: April 6<sup>th</sup>, 2020

Time: Food- 6:30

Speaker- 7:30

*Celebrate our Fellowship  
Interpreted for the  
Deaf*