

ALL AROUND ROCHESTER



News and Events of Alcoholics Anonymous Groups in the Rochester Area Intergroup

VISIT US – 1000 Elmwood Avenue

In the Greenhouse, behind the Al Sigl Center
Mon – Fri: 9am to 7pm / Sat: 9am to 1pm / Closed Sunday

CONTACT US – 24 HR TEL. 585-232-6720

Email: office1@rochester-ny-aa.org
Website: www.rochester-ny-aa.org

GROUP/INTERGROUP EVENTS FOR THE MONTH

| | | | |
|---|---|---|---|
| Flower City Fellowship Convention Fundraiser "Serenity: Then & Now Pasta Dinner" | Sat Feb 22 5-8 pm | <i>Perinton Presbyterian Church</i> <i>6511 Pittsford Palmyra Rd</i> <i>Fairport</i> | Pasta Dinner, 2 Speakers : Oldtimer & YPAA (Young Person in AA) \$10 / person |
| Genesee/Wyoming Intergroup Winterfest Chili Cook-Off | Sat Feb 29 12-4 pm | <i>Genesee County Park</i> <i>11095 Bethany Center Rd</i> <i>East Bethany, NY 14054</i> Pavilion on Sledding Hill | AA Speaker at 1 pm Bring your favorite Chili Dish to pass Bread, Coffee & Hot Chocolate will be provided ALL ARE WELCOME! |
| 33rd Anniversary Keep It Simple | Sat Feb 29 9:00 am | <i>St. John's Episcopal Church</i> <i>183 North Main St., Canandaigua</i> | Please park on Main or Howell Streets Food at 9 am – please bring a dish to pass if you are able Gratitude Meeting at 10 am |
| 28th Anniversary Into the Light | Sun Mar 8 6:30 pm | <i>Ascension Church</i> <i>1360 Lake Ave at Riverside St</i> | Food & Fellowship at 6:30 pm Speaker at 7:30 pm |
| 39th Annual Flower City Fellowship Convention: "Serenity 2020" | Fri-Sun Mar 13-15 | <i>Hyatt Regency</i> <i>125 East Main Street</i> <i>Registration opens</i> Friday, 3/13 at 1:00 pm | REMINDER: LAST DAY TO REGISTER WITH "EARLY REGISTRATION DISCOUNT" IS MONDAY FEBRUARY 24th REGISTER by mail, at Central Office or ONLINE AT www.rochester-ny-aa.org |
| Complete Freedom After the Convention – St. Patrick's Day Dance | Fri Mar 20 7:30 pm | <i>Bill & Bob's</i> <i>289 Monroe Ave</i> | Food & Refreshments available Game Room will be open Music provided by DJ Adam. |
| 34th Anniversary Irondequoit Serenity | Sat Mar 21 10 – 11:30 am | <i>Transfiguration Lutheran Church</i> <i>3760 Culver Rd at Avalon</i> | Coffee & Beverages provided. Bring Finger Food to pass if you choose |
| 29th Anniversary Brockport Grapevine Chili Fest | Mon Mar 30 6:00 pm | <i>Brockport United Methodist</i> <i>92 Main Street</i> | Chili Fest, dish to pass 6 pm Food, 7:30 pm Speaker |
| 34th Anniversary North East Freedom | Mon Apr 6 6:30 pm | <i>St. Stanislaus Church</i> <i>919 Norton St</i> | Food at 6:30 pm, Speaker at 7:30 pm Interpreted for the Deaf/HoH (FLYER) |

NO LONGER MEETING/TAKEN OFF OUR MEETING LIST

- **BASIC (Wednesday, 7:30 pm, Church of the Ascension, 1360 Lake Ave):**
 - Last meeting **WILL BE** 3/25/20
- **SPECTRUM STEPPERS (Sunday, 5:30 pm, AA Central Office, 1000 Elmwood Ave, Greenhouse):**
 - Last meeting **WILL BE** 2/23/20

NEW MEETINGS/ADDED TO OUR LIST

- **Grace Land (Wednesday, 7:00 pm):**
 - ***O d Hc – OPEN-DISCUSSION-HANDICAPPED ACCESSIBLE***
 - Meets at St. John's Lutheran Church, 800 East Ridge Road, Irondequoit
 - First meeting was 2/5/20
- **Sunday Reprieve (Sunday, 12:30 pm):**
 - ***O d – OPEN-DISCUSSION***
 - Meets at FLACRA - Connections – Rounded Recovery, 64 West Avenue, Canandaigua
 - First meeting was 9/8/2019

MEETING CHANGES/UPDATES:

- **Format Change**
 - **Heard It Through the Grapevine (Friday, 10:05 pm, St. Paul's Episcopal, 13 Vick Park B):**
 - ***O 1st=BB 2nd=ST 3rd=Sp 4th=Gr 5th=LIT***
 - Open, 1st = Big Book, 2nd= 12 & 12, 3rd= Speaker, 4th=Grapevine, 5th=Selected Literature
 - **Day by Day (Tuesday, 7:30 pm, St. Cecilia's, 2732 Culver Rd):**
 - ***NO longer has Childcare available (Cc)***
 - *Meeting is now Open-Speaker-Discussion-Al-Anon meeting at the same time (O Sp/d *)*
 - **Webster Wednesday (Wednesday, 8:00 pm, Church of the Good Shepherd, 1130 Webster Rd):**
 - *Last Wednesday of the month = 12 Traditions and Literature (Lst=T LIT)*
- **Name Change**
 - **Spiritual Warriors (Sunday, 9:00 am) **formally Spiritual Gangsters****
 - OPEN-SPEAKER-HANDICAPPED ACCESSIBLE (O Sp Hc)
 - Meets at Out Alliance, 100 College Ave, Suite 100 (across from Village Gate)
- **Location Change/Clarification**
 - **Primary Purpose (Wednesday, 8:30 pm - O d CF Hc):**
 - Meets at the **BLESSED SACRAMENT SCHOOL, 259 Rutgers St (Monroe Ave between Rutgers and Oxford)**
 - **The Women's Homegroup (Tuesday, 6:00 pm – C W BB Lst=Sp):**
 - Meets at the **Asbury Church Campus, in the Gate House, 1010 East Ave**
 - **The Student Group (Sunday, 11:00 am – O Sp/d Hc):**
 - Meets at the RIT Campus Center, **2610** – second floor of the Campus Center



The Finger Lakes AA Community has started a new Intergroup! The Finger Lakes Intergroup meets at 2:30 pm on the 3rd Saturday of the month at St. John's Episcopal Church, 32 East Main Street, Clifton Springs, 14432.

FAITHFUL FIVERS!! (through 2/19/20):

MEMBERS: 26

CONTRIBUTIONS: \$995.00

THANK YOU!!

Many thanks to Abby R. for all her hard work & dedication as one of our Administrative Assistants! Sadly for us, Abby is moving on to other pursuits and we wish her tons of success!!



**PLEASE CHECK OUT THE FLYER IN THIS MAILING REGARDING THE OPEN
ADMINISTRATIVE ASSISTANT POSITION**

All cover letters and resumes should be sent to Central Office by March 13th, 2020.
Please email or call if you have any questions regarding this employment opportunity:

office1@rochester-ny-aa.org

(585) 232-6720

CARRYING THE MESSAGE –March 2020

STEP 3 - “Made a decision to turn our will and our lives over to the care of God as we understood Him.”

It is when we try to make our will conform with God’s that we begin to use it rightly. To all of us, this was a most wonderful revelation. Our whole trouble had been the misuse of willpower. We had tried to bombard our problems with it instead of attempting to bring it into agreement with God’s intention for us. To make this increasingly possible is the purpose of A.A.’s Twelve Steps and Step Three opens the door. (Twelve and Twelve, page 40)

“It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirements for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.” “Honesty with ourselves & others gets us sober, but it is tolerance that keeps us that way.”

Trustee Reflections

It is the third step that I most often refer to in the Big Book from pages 60 to 63. It helps me to see where I have been trying to run the show and playing God, and it most importantly prepares me for the inventory that follows. It also reminds me that only God can help me to get rid of “self”. Besides, it is the first of the italicized steps, and it is the only one that's mentioned twice in the Big Book. Having realized that, it must be a pretty important step! -Cindy S.

A newcomer brought this up in a meeting this past week, the women in the meeting shared about doing the next right thing. About making your bed, then taking a shower, etc. The point was when we come into AA we have no idea what God's will for us is, so we have to break it down moment by moment. Today I can still be very confused, so I find that talking to my sponsor and my trusted circle of friends helps me see the truth or God's will in each situation. I also know that when things seem to flow easily. It is usually a sign that I am doing God's will. -Jessica N.

I remember when I first came into the program, I had a distorted sense of a higher power. All my life the only time I turned to a higher power was when I was in trouble. It usually went like this: “Please God get me out of this and I promise I will...” And, every time I got out of something it was either, I did it myself or I got lucky. When I was asked to turn my will and life over to the care of God I told my sponsor I couldn’t because I just didn’t have enough trust in the relationship I currently had with my Higher Power at that time. My sponsor, with the patience of a saint, said to me “Craig, for the first time in your life, are you willing to try things someone else’s way rather than your own?” I responded “it can’t be that simple.” He said “Craig, just the willingness to try it someone else’s way and continue through the 12 Steps is enough to get started.” That day the key of “willingness” helped me to continue my journey of recovery. Over the years my concept of Higher Power and turning my life over has changed considerably. Today I can honestly say I have a relationship with a God of my understanding that has been built on faith, love and trust. -Craig S.


Once we have come into agreement with these ideas, it is really easy to begin the Practice of Step Three. In all times of emotional disturbance or indecision, ask for quiet, and in the stillness simply say: “God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference. Thy will, not mine, be done.” (Twelve and Twelve, Page 41)

If you have any comments or would like to provide your reflections on Step 3, please send to Central Office at office1@rochester-ny-aa.org

INTERGROUP / COMMITTEE / GENERAL SERVICE MEETINGS (All meetings at Central Office unless stated otherwise)

| | | | |
|---------------------|--|---|--|
| YPAA | ROCYPAA (Rochester Young People in AA) | Mar 2 & Mar 16: 7:30 pm (1st & 3rd Mon) | The Coffee Connection at The Greenhouse Café 2271 East Main St |
| AD-HOC COMMITTEE | Fall Event 2020 | Mar 3: 6:00 pm (1st Tues) | Meets at AA Central Office |
| GENERAL SERVICE | District 101's Monthly Meeting <i>All GSR's, DCM's & any AA members are welcome</i> | Mar 4: 7:00 pm (1st Wed) | St. Luke's Episcopal Church Vestry Basement Room 14 State St, Brockport 14420 |
| COMMITTEE | Archives | Mar 4: 6:30 pm (1st Wed) Mar 11: 9:30 am (2nd Wed) <i>Working Meeting</i> | Rochester Medical Museum 1441 East Avenue, 2 nd Floor |
| INTERGROUP | Steering Board of Trustees | Mar 5: 6:00 pm (1st Thurs) | |
| GENERAL SERVICE | District 200's Monthly Meeting | Mar 5: 7:00 pm (1st Thurs) | St. John's Episcopal 183 North Main Street CANANDAIGUA (14424) |
| GENERAL SERVICE | CNY Area Assembly For meeting location & directions: Check website: www.aacny.org | Mar 8: 1:00 pm (2nd Sun) | For meeting location & directions: Check website: www.aacny.org |
| COMMITTEE | Accessibility | Mar 10: 6:30 pm (2nd Tue) | |
| COMMITTEE | Website | Mar 11: 6:30 pm (2nd Wed) | |
| INTERGROUP | NEW IR Orientation | BEFORE IR MEETING Mar 12: 6:00 pm (2nd Thurs) | AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 nd Floor |
| INTERGROUP | Intergroup Representatives Meeting | Mar 12: 6:30 pm (2nd Thurs) | AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 nd Floor |
| COMMITTEE | Education & Participation | Mar 17: 6:00 pm (3rd Tues) | |
| GENERAL SERVICE | Rochester Districts (800's & 102, 105, 108, 109, 110) Meeting | Mar 18: 6:30 pm (3rd Wed) | All GSR's, DCM's & any AA members are welcome |
| COMMITTEE | Corrections | Mar 19: 6:30 pm (3rd Thurs) | |
| COMMITTEE | Treatment (New Rep Orientation) | Mar 22: 12:45 pm (usually 3rd Sun) | RESCHEDULED FOR 3/22 -due to FCFC |
| COMMITTEE | Treatment | Mar 22: 1:30 pm (usually 3rd Sun) | RESCHEDULED FOR 3/22 -due to FCFC |
| COMMITTEE | Nightwatch (After Hours Phones) | Mar 24: 7:30 pm (4th Tues) | |
| COMMITTEE | FCFC | Mar 4: 7:00 pm Apr 1: 7:00 pm (usually 4th Wed) | **Note meeting dates (not usual 4 th Wed of the month) |
| COMMITTEE | PI/CPC | Mar 26: 6:00 pm (4th Thurs) | |
| AD-HOC COMMITTEE | Multi-purpose Facility | Feb 27 & Mar 26: 5:30 pm (Last Thurs) | Sibley Square, 260 East Main St, 2 nd Floor, left off elevator |

GROUP CONTRIBUTIONS 2020 through January 31st, 2020:

| ACTUAL | BUDGET | +OVER/-(UNDER) |  |
|------------|------------|----------------|---|
| \$6,780.34 | \$5,500.00 | + \$1,280.34 | |

**THANK YOU FOR YOUR GENEROUS SUPPORT OF
THE ROCHESTER AREA INTERGROUP & OUR CENTRAL OFFICE!**

NEWSLETTER ITEMS MUST BE SUBMITTED FOR FREE PUBLICATION BY

***** SATURDAY, MARCH 21st *****

**TO SEND A FLYER: SUBMIT 275 Unfolded copies (20# paper) & \$20 for postage
to the Central Office by SATURDAY, MARCH 21st**

**Flyers and AAR announcements must be received by the above date. We will not be able
to accept any flyers or information for inclusion in the monthly mailing after that date.**

THANK YOU!