

ALL AROUND ROCHESTER



News and Events of Alcoholics Anonymous Groups in the Rochester Area Intergroup

VISIT US – 1000 Elmwood Avenue

In the Greenhouse, behind the AI Sigl Center
Mon – Fri: 9am to 7pm / Sat: 9am to 1pm / Closed Sunday

CONTACT US – 24 HR TEL. 585-232-6720

Email: office1@rochester-ny-aa.org

Website: www.rochester-ny-aa.org

GROUP/INTERGROUP EVENTS FOR THE MONTH

Area 47 Assembly	Sun Feb 9 1:00-5:00 pm	<i>St. Charles Borromeo School 3003 Dewey Ave</i>	For more information about Area 47 or the monthly assemblies, go online to www.aacny.org
3rd Anniversary Courage to Change	Mon Feb 10 6:30 pm	<i>Cobb's Hill Manor Adult Living "Wellness Room" 1175 Monroe Ave (at Culver Rd)</i>	Speaker, Cake and Fellowship (FLYER)
4th Anniversary Grass Roots	Mon Feb 10 7:30 pm	<i>Bill & Bob's 289 Monroe Ave</i>	Guest Speaker – Dr David Sutton (from Sarasota, FL) Food & Fellowship before & after the meeting (FLYER)
41st Anniversary K.I.S.S. Brockport	Sun Feb 16 11:00 am	<i>U of R Strong West 156 West Ave, Brockport</i>	Anniversary Breakfast! Enter through the Emergency Room. Ask anyone for directions...
3rd Anniversary Boomers at Noon	Thurs Feb 20 12:00 pm	<i>Lifespan – Tops Plaza 1900 South Clinton Ave</i>	Speaker with Cake & Fellowship after the meeting
Flower City Fellowship Convention Fundraiser "Serenity: Then & Now Pasta Dinner	Sat Feb 22 5-8 pm	<i>Perinton Presbyterian Church 6511 Pittsford Palmyra Rd Fairport</i>	Pasta Dinner, 2 Speakers : Oldtimer & YPAA (Young Person in AA) \$10 / person SEE FLYER FOR MORE INFORMATION
Genesee/Wyoming Intergroup Winterfest Chili Cook-Off	Sat Feb 29 12-4 pm	<i>Genesee County Park 11095 Bethany Center Rd East Bethany, NY 14054 Pavilion on Sledding Hill</i>	AA Speaker at 1 pm Bring your favorite Chili Dish to pass Bread, Coffee & Hot Chocolate will be provided ALL ARE WELCOME! (FLYER)
28th Anniversary Into the Light	Sun Mar 8 6:30 pm	<i>Ascension Church 1360 Lake Ave at Riverside St</i>	Food & Fellowship at 6:30 pm Speaker at 7:30 pm
39th Annual Flower City Fellowship Convention: "Serenity 2020"	Fri-Sun Mar 13-15	<i>Hyatt Regency 125 East Main Street Registration opens Friday, 3/13 at 1:00 pm</i>	REMINDER: LAST DAY TO REGISTER WITH "EARLY REGISTRATION DISCOUNT" IS MONDAY FEBRUARY 24th REGISTER by mail, at Central Office or ONLINE AT www.rochester-ny-aa.org
34th Anniversary Irondequoit Serenity	Sat Mar 21 10 – 11:30 am	<i>Transfiguration Lutheran Church 3760 Culver Rd at Avalon</i>	Coffee & Beverages provided. Bring Finger Food to pass if you choose

NO LONGER MEETING/TAKEN OFF OUR MEETING LIST:

- **CONSCIOUS CONTACT (Tuesday, 7:15 pm, ER United Methodist, 457 Fairport Rd, East Rochester):**
 - Last meeting 11/21/19

THANK YOU:

- **In Memory of Andrea Y and Bob D:** Maggie F, Natalie E, Melvin Y (\$80)
- **Hamlin Sunday Night:** In gratitude for their 37th Anniversary meeting Speaker, **Anthony** (\$60)
- **Women's Experience:** In gratitude for their Christmas Party Speaker, **Chablis G** (\$25)

MEETING CHANGES/UPDATES:

- **Format Change**
 - Live It (Thursday, 7:30 pm):
 - **O 1st=d 2nd=LIT 3rd=T 4th=Sp Hc**
 - Meets at Episcopal Church of the Good Shepherd, 1130 Webster Rd, Webster
 - Open, 1st = Discussion, 2nd= Literature, 3rd= Traditions, 4th=Speaker
 - Handicapped Accessible
- **Name AND Format Change**
 - Let's Get Better Together (Friday, 7:30 pm) **formally Park Ave Gay Mens**
 - **Now OPEN-DISCUSSION-LGBTQ (O d LGBTQ)**
 - Meets at Immanuel Baptist Church, 815 Park Ave
- **ASL Interpreted = I**
 - HighNooners (EVERY TUESDAY, 12:00 pm, St. Stephen's Episcopal, 350 Chili Ave) – STARTS FEB 4th
 - Lima Morning Serenity (1st & 3rd TUESDAY, 9:30 am, St. Rose School/Church, 1981 Lake Ave, LIMA)
- **Location Change**
 - Live Sober Today (Wednesday, 12:30 pm - O LIT d):
 - Meets at the **First Presbyterian Church, 29 East State St, ALBION**
 - Avon Hope (Friday, 8:30 pm – O Sp/d):
 - Meets at the **Zion Episcopal Church, 10 Park Place, AVON**

👁👁 Thank you to the 9 AA groups that meet at Central Office! The rent payments we receive from these groups are a substantial contribution that significantly helps to defray the cost of the rent we pay to Al Sigl. Plus, and most importantly, it is wonderful to have AA meetings every day of the week at the Office!!

👁👁 A BIG THANK YOU TO ESCYPAA 6 (Empire State Convention of Young People in AA)!! They generously contributed \$2,081.18 to the Rochester Area Intergroup from their convention (this past summer in Rochester) proceeds.

👁👁 ROCYPAA (Rochester Young People in AA) has reformed (after the ESCYPAA 6 Convention) and is meeting the 1st and 3rd Mondays of the month at 7:30 pm at the Coffee Connection at The Greenhouse Café, 2271 East Main St.

FAITHFUL FIVERS!! (through 1/21/20)

MEMBERS: 20
CONTRIBUTIONS: \$820.00
THANK YOU!!

- 👁👁 Check out Flyers in mailing for “Serenity 2020”: 39th Annual Flower City Fellowship Convention
- Hotel Reminder – Book rooms by February 24th!
 - “Serenity Suite” – This year we have reserved a room to serve as a place for snacking, relaxing and fellowship. HOME GROUPS ARE NEEDED to provide snacks and monitor suite – SEE FLYER FOR MORE INFORMATION
 - DEADLINE for Early Registration Discount is also FEBRUARY 24th. Booking later will result in paying \$5 more for registration and \$5 more for the banquet...

FRIDAY NIGHT ENTERTAINMENT COMMITTEE FOR THE FLOWER CITY FELLOWSHIP CONVENTION (FCFC) WILL MEET ON THE FOLLOWING SATURDAYS FROM 2-3:30 PM AT AA CENTRAL OFFICE MEETING ROOM, 1000 ELMWOOD AVE, IN THE GREENHOUSE (BUILDING IN BACK PARKING LOT OF THE AL SIGL CENTER, ACROSS FROM DOOR #9:

2/1, 2/15, 2/22, 2/29 & 3/7

Please come if you are interested in helping out with the Friday night entertainment at FCFC 2020 or call Central Office at 585-232-6720 and we will put you in touch with Jim L & the Committee.

CARRYING THE MESSAGE –February 2020

STEP 2 - “Came to Believe that a Power greater than ourselves could restore us to sanity.”

Therefore, Step Two is the rallying point for all of us. Whether agnostic, atheist, or former believer, we stand together on this Step. True humility and an open mind can lead us to faith, and every A.A. meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to Him. (Twelve Steps and Twelve Traditions, page 33)

God is either everything, or He is nothing. (Bill W.)

In the Twelve & Twelve, on page 25, it says - Some of us won't believe in God, others can't, and others who do believe that God exists have no faith whatever he will perform this miracle.

If any of these were you in the beginning, what significant event(s) occurred that convinced you that a Power greater than yourself could restore you to sanity?

Trustee Reflections

I love all the 12 steps of AA, but Step Two is the one that gave me hope. With Step Two I learned that I was not alone, and that something greater than myself could help to conquer my alcoholism.

All of the words of the 12 steps are very specifically chosen, which is another thing I really love about working with them. The second step doesn't say “We came to believe in a power greater than ourselves” it says “We came to believe that a Power greater than ourselves could restore us to sanity.” That's the beauty—we are invited to begin to think about what our higher power can be.

The emphasis is not on who or what the power is, but on what the power can do for us. The group of AA itself certainly qualifies as a power greater than ourselves (our fellowship is in the millions and always growing) as do the spiritual principles contained in the 12 steps.

The awareness and understanding that we can't recover alone, and that we need some kind of help, is really the lesson at this point in recovery. The spiritual principles that are the foundation of this step are open mindedness, willingness, faith, trust and humility. It really doesn't matter whether we have any idea of how this power greater than ourselves is going to help, just that we come to believe it is possible.

I have come to believe that by being in the fellowship of AA, with the aid of the 12 steps, that I can walk through the painful times in recovery knowing that an end is near, this too shall pass and there is always light at the end of darkness, as I stay sober and continue to work the steps. But it's important to remember that step two, like all of them, is a process, not an event. - **Zack L.**

I remember when I came to this step and I expressed skepticism to my sponsor because as far as I had fallen I did not believe God would or could help me change my life. Before A.A. the only relationship I had with any higher power was one of convenience. Every time I was in trouble my first plea was “God if you get me out of this I promise.....). Most of the time, to me, my prayer was either not heard or I got myself out of it. Who needed a God who would not do what I asked of him.

Upon hearing this, my sponsor, a very spiritual person, asked me to do him a favor. He wanted me to take the next few weeks and just go to meetings and observe those people who I thought had something I would like to have. While observing them he told me to write down anything I heard or saw that they all had in common. Since by then I did follow directions, I did as he asked.

Finally, after a couple of weeks I met with my sponsor and he wanted to know what I had written down. I told him that these were the things I saw the others had in common. They all smiled a lot. They all seemed to be grateful for A.A. They went to meetings frequently, they believed the solution for their recovery was in the Big Book and they all had a higher power that they not only believed in but one they gave all the credit to for their happiness.

I thought then my sponsor was going to say aha! see they all believed in GOD. He didn't say that. What he said was “After observing them do you believe you can find the happiness they have found in this program if you give it a chance and follow their path. I said “ I believe if it worked for them it may work for me”. Then he said you have just taken the second step. “Your willingness to believe that this program can restore your life to one of happiness is all you need to get started”.


Since that day as I worked the steps that followed, my concept of a higher power has continued to change. I have experienced this loving God they all spoke of who has taken me from a sense of hopelessness to a life of gratitude and happiness - **Craig S.**

If you have any comments or would like to provide your reflections on Step II, please send to Central Office at office1@rochester-ny-aa.org

INTERGROUP / COMMITTEE / GENERAL SERVICE MEETINGS (All meetings at Central Office unless stated otherwise)

YPAA	ROCYPAA (Rochester Young People in AA)	Feb 3 & Feb 17: 7:30 pm (1st & 3rd Mon)	The Coffee Connection at The Greenhouse Café 2271 East Main St
GENERAL SERVICE	District 101's Monthly Meeting <i>All GSR's, DCM's & any AA members are welcome</i>	Feb 5: 7:00 pm (1st Wed)	St. Luke's Episcopal Church Vestry Basement Room 14 State St, Brockport 14420
COMMITTEE	Archives	Feb 5: 6:30 pm (usually 1st Wed) Feb 12: 9:30 am (2nd Wed) <i>Working Meeting</i>	Rochester Medical Museum 1441 East Avenue, 2 nd Floor
INTERGROUP	Steering Board of Trustees	Feb 6: 6:00 pm (1st Thurs)	
GENERAL SERVICE	District 200's Monthly Meeting	Feb 6: 7:00 pm (1st Thurs)	St. John's Episcopal 183 North Main Street CANANDAIGUA (14424)
GENERAL SERVICE	CNY Area Assembly For meeting location & directions: Check website: www.aacny.org	Feb 9: 1:00 pm (2nd Sun)	For meeting location & directions: Check website: www.aacny.org
COMMITTEE	Accessibility	Feb 11: 6:30 pm (2nd Tue)	
COMMITTEE	Website	Feb 12: 6:30 pm (2nd Wed)	
INTERGROUP	NEW IR Orientation	BEFORE IR MEETING Feb 13: 6:00 pm (2nd Thurs)	AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 nd Floor
INTERGROUP	Intergroup Representatives Meeting	Feb 13: 6:30 pm (2nd Thurs)	AL SIGL GYM: Same parking lot, Door #11, Left out of elevator on 2 nd Floor
COMMITTEE	Treatment (New Rep Orientation)	Feb 16: 12:45 pm (3rd Sun)	
COMMITTEE	Treatment	Feb 16: 1:30 pm (3rd Sun)	
COMMITTEE	Education & Participation	Feb 18: 6:00 pm (3rd Tues)	
GENERAL SERVICE	Rochester Districts (800's & 102, 105, 108, 109, 110) Meeting	Feb 19: 6:30 pm (3rd Wed)	All GSR's, DCM's & any AA members are welcome
COMMITTEE	Corrections	Feb 20: 6:30 pm (3rd Thurs)	
COMMITTEE	Nightwatch (After Hours Phones)	Feb 25: 7:30 pm (4th Tues)	
COMMITTEE	FCFC	Feb 26: 7:00 pm (4th Wed) ALSO Mar 4: 7:00 pm	
COMMITTEE	PI/CPC	Feb 27: 6:00 pm (4th Thurs)	

GROUP CONTRIBUTIONS 2019 through December 31st, 2019:

ACTUAL	BUDGET	+OVER/-(UNDER)	
\$62,971.86	\$66,000.00	- (\$3,028.14)	

**THANK YOU FOR YOUR GENEROUS SUPPORT OF
THE ROCHESTER AREA INTERGROUP & OUR CENTRAL OFFICE!**

NEWSLETTER ITEMS MUST BE SUBMITTED FOR FREE PUBLICATION BY

***** SATURDAY, FEBRUARY 15th *****

**TO SEND A FLYER: SUBMIT 275 Unfolded copies (20# paper) & \$20 for postage
to the Central Office by SATURDAY, FEBRUARY 15th**

**Flyers and AAR announcements must be received by the above date. We will not be able
to accept any flyers or information for inclusion in the monthly mailing after that date.**

THANK YOU!